

FLAME TREE SAMPLE MENU

STARTERS

GARLIC BREAD	\$3.00
FOCACCIA BREAD	with butter \$3.50 with dips \$5.00
INDIAN SAMOSAS	\$9.00
Crispy triangular pastries stuffed with curried vegetables complimented by tropical fruit chutney	
JAPANESE VEGETABLE TEMPURA	\$9.50
Fresh seasonal vegetables in a light tempura batter with dipping sauce	
COCONUT CRUMBED CAMEMBERT	\$13.50
Deep fried with tropical fruit sauce, served with assorted crackers	
N.Z. MUSSELS STEAMED IN WHITE WINE	\$12.50
With garlic herb cream sauce	
LOCAL CURRIED OCTOPUS (EKE)	\$9.00
In a tomato & coriander sauce served on rice	
SPRING ROLL FILLED WITH LOCAL FISH	\$9.00
With cream cheese, sour cream & shrimp ocean dip	
HERB CRUMBED CALAMARI RINGS	\$11.00
With tartare sauce & seafood cocktail sauce	
ORIENTAL PORK SPARE RIBS	\$12.50
Served on rice with honey & ginger glaze	
CHARGRILLED EGGPLANT STACK	\$10.50
With mushrooms, tomato & cream cheese	
MAIN COURSES	
SOUTH INDIAN VEGETARIAN CURRY	\$21.00
Served with rice, fresh vegetables, condiments & roti	
VEGETARIAN CANNELLONI 'VERDE'	\$19.00
With rukau (local spinach), cheeses, coconut cream & spices accompanied by fresh salad & garlic bread	
COCONUT CRUMBED FISH FILLETS	\$25.00
Served with chips, hot vegetables & tropical fruit sauce	
THE FLAME TREE SEAFOOD CURRY	\$34.00
With fresh fish, prawns & mussels in a mild coconut curry sauce with rice & sambals (condiments) OUR WORLD FAMOUS SIGNATURE DISH	
OVEN BAKED RACK OF LAMB WITH HERB CRUST	\$37.50
Five fingers served with honey mint sauce, potato & vegetables	
RAROTONGAN SPICY BEEF CURRY	\$27.00
With coconut cream & hot chillies served with rice, garden salad sambals (condiments) & poppadom	
ORIENTAL SWEET & SOUR	\$21.00
In a crispy batter with fresh vegetables & pineapple served with rice or noodles CHICKEN or FISH	

FILET MIGNON Tender & juicy served plain or with mushroom & red wine sauce or mustard cream sauce, potatoes & vegetables	\$36.00
INDONESIAN SATAY Skewered & barbecued with a mildly spiced peanut coconut sauce on rice CHICKEN or FISH	\$21.00
PAN FRIED FISH Marinated in coconut cream, lime, peanuts, chillies & fresh coriander served with rice & salad with Thai dressing	\$25.00
CHARGRILLED RIBEYE STEAK Served with chips or potatoes, salad or hot vegetables Garlic Butter or Cracked Pepper Mushroom Cream Sauce	Plain \$29.50 \$30.00 \$33.00
LOCAL FISH IN FILO PASTRY Filled with Asparagus and Cheddar Cheese, served with a Lemon Cream Sauce, Rice and Garden Salad	\$23.50
DESSERT MENU	
ICE CREAM - Vanilla or flavour of the day - With chocolate sauce - With fresh fruit salad - With your choice of the following LIQUEURS: Amaretto; Baileys; Crème De Menthe; Father O'Leary's Hazelnut & Rum or Cappuccino; Frangelico; Glayva; Kahlua; Kara Mia Coffee or Grand Mariner Crème	\$4.00 \$6.50 \$6.50 \$9.50
BAILEYS CHOCOLATE CHEESE CAKE WITH ICE CREAM Try it once and you will be an addict!	\$8.50
CARAMEL PEANUT ICE CREAM PIE The perfect combination for a warm evening	\$8.50
BLACKBERRY & CHOCOLATE TART WITH ICE CREAM 3 Layers, Cheesecake, Chocolate & Blackberry Sauce	\$8.50
FLAME TREE CHEESE CAKE WITH ICE CREAM Topped with Tropical Fruit Sauce. No calories at all – honest!	\$8.50
BLACK FOREST CAKE WITH ICE CREAM Moist & Dark Chocolate Cake filled with Cherries & Cream	\$8.50
ITALIAN TIRAMISU WITH ICE CREAM Brandy & Coffee Soaked Cake layered with Flavoured Cream Cheese	\$8.50